

## Deciding About Marijuana

### RECOMMENDED GRADES 6,7,8

This course provides participants with information about the chemical compounds in marijuana (THC and CBD), the short and long term effects of marijuana use, how marijuana affects the brain, and why recreational marijuana is illegal for people under the age of 21. Students will analyze advertisements to determine what strategies companies use to try to sell their product and evaluate the dangers of situations involving marijuana impairment.

#### TOPICS COVERED

- Other names for marijuana
- Where marijuana comes from
- Ways people use marijuana
- THC's effect on the brain
- The location of cannabinoid receptors and the associated functions impacted by THC
- How potency and delivery can impact the drug's effect
- The difference between CBD and THC
- Long term effects of marijuana
- Short terms effects of marijuana
- The risk of consuming bootlegged/black market marijuana
- Addiction
- The difference between recreational and medical use of marijuana
- Marketing strategies companies use to sell marijuana
- How to say no

#### OBJECTIVES

- Students will be able to describe what happens in the brain when marijuana is consumed.
- Students will be able to explain that THC is the chemical in marijuana that gives users a high.
- Students will be able to describe the difference between recreational and medical marijuana use.
- Students will be able to identify 4 long-term effects of marijuana use
- Students will be able to identify 4 short-term effects of marijuana use.
- Students will be able to demonstrate refusal skills

#### NATIONAL HEALTH EDUCATION STANDARDS – PERFORMANCE INDICATORS:

- Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health
- Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
- Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks
- Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.
- Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

#### ACTIVITIES AND ASSIGNMENTS

Deciding About Marijuana Video	18m
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#### SUPPLEMENTAL LESSON PLANS

Analyzing Advertisements	30m
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THC and the Brain	15m
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Pre/Post Assessment	15m
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Video Assessment Worksheet for “Deciding About Marijuana” video	18m
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**Project and Print Pricing:** Individual Courses are priced at \$75. This course can also be purchased as part of the *Middle School Library* for \$650.

